



# Six Keys to Thriving

**W**orking with troubled and troubling young people and their families can be very stressful and challenging. In order to provide the most effective services, school and program staff must be well-prepared and well-protected to be accessible and responsive to the demands of the job. It is important that schools and organizations operate on a clearly articulated foundation of values that can help create and sustain a strong, positive culture in which healing, learning, and growth can occur.

Six Keys to Thriving is a one-day workshop that focuses on the needs and interests of those being served as well as those providing the services. A goal of any school or program with a healthy culture is to promote resilient and responsible behavior, not only in the young people they serve, but also for staff tasked with providing those services.

Content in this workshop is based on the Model of Leadership and Service\*, which identifies six areas of innate human need (biosocial drives) that apply equally to leaders, team members, and the children and families we serve. Once these needs are met (Safety, Belonging, Achievement, Power, Purpose, and Adventure), individuals are free to reach their potential and flourish.

## Check out what past participants have to say about 6 Keys:

“The trainer is well-versed on the topic at hand and has excellent first-hand experiences to share as evidence.”

Teacher

“I felt like each part of the training was very relevant to my work.”

Andrew Summers

“The material opened my eyes to different ways of seeing and thinking about the kids I work with.”

Tamika Daniel

## For more info or to schedule an on-site training:

Email [MFreado@gmail.com](mailto:MFreado@gmail.com); Call 614.783.6314

\*The Model of Leadership & Service was developed by Cal Farley's and is available for use and adaptation with permission.