



Three Pillars of Transforming Care: Helping Kids Who Hurt

Spring Hollow Lodge, Sharon Woods Metro Park
1069 West Main Street, Westerville, Ohio
Wednesday & Thursday, June 14-15, 2017, 8:30 am – 4:30 pm

While many trauma trainings are designed for therapists, this workshop provides key knowledge and skills for those who directly interact with hurting children on a daily basis. Participants include parents and foster parents, teachers, child and youth care workers, and other mentors who deal with behavior that is frequently baffling and challenging. Three Pillars of Transforming Care includes practical strategies to enable children to experience safety, connect with a caring adult, and manage internal emotions and impulses.

This workshop will initially provide an overview of the different types of trauma exposure, the key principles of neurodevelopment, and a review of the impact of trauma on the brain. We then explore the broader impact of developmental trauma on children and what care providers might expect in terms of their responses and behaviors. The three intervention "pillars" of safety, connections, and coping are introduced along with examples of their application in a variety of care and treatment settings.

About the Trainer



Mark Freado is Director of the International Training Network for CF Learning, a program of Cal Farley's in Amarillo, TX. Freado's 40-year professional career encompasses contributions to the mental health field, public education, social services, program development, leadership, consultation, and training. He is a master trainer of *Life Space Crisis Intervention* (LSCI), and has trained more people in this skill-based course than anyone in the world. He is also a senior trainer of *Planning Restorative Outcomes: Transforming Assessments*, a senior trainer of *The Art of Kid Whispering: Reaching the Inside Kid*, and a certified trainer of *Situational Leadership II* with the Ken Blanchard Company. Freado has worked with private providers, public agencies, and schools throughout the United States as well as Canada, Europe, Australia, South Africa and Asia, speaking, consulting, and delivering training services. He specializes in program development, leadership skills, and interventions for at-risk and disadvantaged children, adolescents, and their families. Freado holds a master's degree in Forensic Psychology from the Chicago School of Professional Psychology, a master's degree in Counseling from West Virginia University, and a bachelor's degree in Psychology and Political Science from Westminister College in Pennsylvania.

Daily Schedule: 8:30 am - 4:30 pm (lunch provided)

Optional University Credit

Participants can enroll for graduate workshop credit in either Psychology or Special Education. Registration forms will be provided at the training. A course syllabus is available on the CF Learning website (www.cflearning.org). There is a \$300 USD tuition fee (for 3 credits) in addition to the training registration fee. Payment for credit is made to **CF Learning** and given to the instructor onsite at the training. Credit is offered through CF Learning and Augustana University, a fully accredited, 4-year university located in Sioux Falls, SD, USA.

Workshop Site and Accommodations

Training site: Spring Hollow Lodge, Sharon Woods Metro Park, 1069 West Main Street, Westerville, Ohio

Lodging is on your own. For a list of area hotels, please visit our website at cflearning.org/hotels-kw-westerville.

Registration Fee: \$300 US Dollars per person

(special introductory rate- includes two-day workshop, training materials, and lunches)

Note: Pre-registration and pre-payment are required for all events. Purchase Orders are accepted but not considered pre-payment. Registrations will be accepted based on space availability.

Register/ Contact Us:

CF Learning, PO Box 650, Lennox, SD 57039 USA

Phone: (800) 592-2193 or (605) 744-0116

Fax: (605) 836-7101

E-mail: events@cflearning.org

www.cflearning.org (online registration available)

